

Some of the most helpful books for me on EMOTIONAL & SPIRITUAL HEALING

This is a short list of recommended books. I've listed them in the order I read them. There are many more books I have read that have been very helpful, but I lost the list I had years ago (before computers) and many of my healing books are packed in my garage. These are the ones I recall that made some of the biggest impressions.

David A. Seamands, [Healing for Damaged Emotions](#) and [Healing of Memories](#). (I read David Seamands before anyone else as his books were earlier than others. I actually found one of his books by my mother's bed after she died and read it. He really helped me as he explained the connection between adult problems and childhood wounds.)

Leanne Payne. [The Broken Image](#) and [Healing of the Homosexual](#). (Leanne was the first person to SHOW me by her stories of praying with people with distortion in their sexual lives how the Holy Spirit can heal people and make them whole.)

Mario Bergner. [Setting Love in Order: Hope and healing for the homosexual](#) (Mario was greatly helped by Leanne Payne's ministry. The book describes his journey to sexual wholeness through prayer, scripture, and diligently pursuing God. See more of his story at <http://www.zacchaeus.ca/mario.html>. Although his struggle with homosexuality was different from mine, I learned early in my journey that God could heal me and how one person's journey looked. His ministry: <http://www.redeemedlives.org>)

Daniel Allender Ph.D. [The Wounded Heart](#) and [Bold Love](#). (The wounded heart is excellent for those sexually abused as it talks about ambivalence and the emotional struggles we often don't understand and have a hard time defining and talking about.)

John, Loren & Paula Sandford. [Transformation of the Inner Man and Awakening the Slumbering Spirit](#).

Paula Sandford. [Healing Victims of Sexual Abuse](#). (This book was very helpful for me at a time when few Christians were talking about sexual abuse. She also has a very good chapter on those helping the abused. Website: www.ElijahHouse.org)

[Life Model: Living with the heart Jesus gave you](#). (Put together by the staff at Shepherd's House in Pasadena <http://www.lifemodel.org/wordhtml/SHmain.htm> . This book shows the two kinds of traumas we can have as we grow up. With one we are wounded and need healing. The other is what we didn't get that we needed. For this we need community to bring us to wholeness and learn to love.)

James Wilder, Ph.D. and Chris M. Coursey. [Share Immanuel: The Healing Lifestyle](#). (This explains how God's presence in an *Immanuel Healing Prayer* session leads us to deeper truth and greater freedom. Derived from Dr. Karl Leman's www.kclehman.com] further development of *Theophostic Prayer Ministry*. Available at www.carepkg.org)

Francine Rivers. *Redeeming Love*. This has become the book of the year for 2011 for our family. Amazing story of a child sold into sexual slavery who is married by Michael Hosea and loved as Christ loves the Church. A must read!